

# Terms and Conditions

## **DISCLAIMER**

**PLEASE READ ALL OF OUR POLICIES SO THERE IS  
NO CONFUSION ON HOW OUR TRAINING WORKS**

### **DOCTOR APPROVAL:**

*I have represented to RAW TRAINING that I have either.*

- a) been given a doctor's permission to participate in the training, or*
- b) voluntarily participate in the training and all risks related to the training without the approval of my doctor(s).*
- c) I understand that I am responsible for my own safety and well-being during all activities.*

*I represent that I am not aware of any medical or physical condition that would prevent me from participating in the training or from using equipment or facilities, which pose a serious health risk to myself. I further acknowledge that trainer has relied on my statements as being accurate and complete, as a condition to entering into this agreement. I further acknowledge and agree that I am not obligated to participate in any training that I do not wish to participate in. I will inform my trainer immediately if I do not wish to participate in any specific training or, if I need assistance.*

**MEMBERSHIP DURATION:** *I understand that my initial membership will last for a total of ..... months from my start date on .....*

### **TERMINATION OF MEMBERSHIP:**

**RAW 12 :** *I understand that I am obliged to give 1 month notice to end at 12 months*

**RAW 6:** *I understand that I am obliged to give 1 month notice after 6 months*

**Raw Flex :** *I understand that I am obliged to give 7 days notice before the end of the month  
Notice to be given in writing by email to [jojo@rawtraininglondon.co.uk](mailto:jojo@rawtraininglondon.co.uk)*

**RESCHEDULING /CANCELLATION:** *I understand that I have up to 12hrs prior to the class booking to reschedule or cancel my booking with no penalty. After this cut off time there will be a cancellation fee of £10 for membership clients and for any other clients the booking will be charged in full.*

**MISSED SESSIONS:** *I understand missed sessions do NOT carry over into the next week or phase and that I am responsible for attending all my sessions.*

**NAME AND LIKENESS RELEASE:** *I understand that the trainer may photograph or video me prior to, during the delivery of, or at the completion of training and I agree to allow trainer to use photographs and videos of me, as well as name and likeness for promotional purposes. If I do not want this I will let Raw training know in writing.*

**ACKNOWLEDGEMENT OF UNDERSTANDING:** *I have read the Terms and Conditions, and I understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily and intend, by my signature, that this document be a complete and unconditional release of liability to the greatest extent allowed by law. I further certify that I have fully read and understand the terms of this agreement and will comply with the contents herein.*

**Full Name .....**

**Signed .....**

**Dated .....**